

# WOMEN VETERANS HEALTH CARE

*You served, you deserve  
★ the best care anywhere.*



## Support Group for Women with Diabetes

### **\*\* Attention Female Veterans \*\***

Great News!! The Women's Program is presently offering a support group for female veterans with diabetes. The aim of this group is to improve your stress management of day-to-day issues which we know will help you to cope better with your diabetes. Participation would include attending a 4-week stress management group and completing brief surveys. Please call us if you would like to take part in this group.

**Group Dates:** July 15<sup>th</sup>-August 5<sup>th</sup>, 2009 (four week cycle)

**Time and Days of Week:** 5:30-7:00pm, Wed or Thursday (one meeting per week)

**Contact Info:** **Teri Davis at (317) 988-4917 (office phone) or (317) 312-0566 (pager)**

***\*\* Please respond by July 10<sup>th</sup> if you would like to participate.***

***FEEL BETTER ABOUT  
YOUR HEALTH***

***CALL US TODAY!!***